

# Looking to develop your movement skills?

## Free training for Movement Facilitators

In partnership with Kent Sports and Ideas Test, Moving Memory Dance Theatre Company is offering free training in our unique Moving Well approach.

This adaptable and inclusive movement practice promotes community and creativity in a positive and non-judgemental way.

In this course you will build new skills to deliver gentle creative movement and simple dance activities that can be adapted for different client groups.

Training will take place from January 2022 in Medway & Kent.



Get in touch at [info@movingmemorydance.com](mailto:info@movingmemorydance.com)

See more about our work at  
[www.movingmemorydance.com](http://www.movingmemorydance.com)